

12 Steps with Biblical comparisons

1. We admitted we were powerless over our addictions and compulsive behaviors, that our life had become unmanageable. *I know that nothing good lives in me that is in my sinful nature, for I have the desire to do what is good, but I cannot carry it out. (Romans 7:18)*
2. We came to believe that a power greater than ourselves could restore us to sanity. *For it is God who works in you to will and to act according to His good purpose. (Philippians 2:13)*
3. We made the decision to turn our wills and our lives over to the care of God. *Therefore, I urge you brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to him. (Romans 12:1)*
4. We made a searching and fearless moral inventory of ourselves. *Let us examine our ways and test them, and let us return to the Lord. (Lamentations 3:40)*
5. We admitted to God, to ourselves, and to another human being, the exact nature of our wrongs. *Therefore, confess your sins to each other and pray for each other so that you may be healed. (James 5:16)*
6. We were entirely ready to have God remove all these defects of character. *Humble yourselves before the Lord, and He will lift you up. (James 4:10)*
7. We humbly asked Him to remove all our shortcomings. *If we confess our sins, He is faithful and will forgive us our sins and purify us from all unrighteousness. (1 John 1:9)*
8. We made a list of all persons we harmed and became willing to make amends to them. *Do to others as you would have them do to you. (Luke 6:31)*
9. We made direct amends to such people whenever possible, except when to do so would injure them or others. *Therefore, if you are offering your gift at the altar and there remember you brother has something against you, leave your gift there in front*

of the altar. First go and be reconciled to your brother, then come and offer your gift. (Matthew 23:24)

10. We continued to take personal inventory and when we were wrong, promptly admitted it. *So, if you think you are standing firm, be careful that you don't fall. (1 Corinthians 10:12)*
11. We sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of his will for us and the power to carry it out. *Let the word of Christ dwell in you richly. (Colossians 3:16)*
12. Having had a spiritual experience as a result of these steps, we try to carry this message to others and to practice these principles in all our affairs. *Brothers, if someone is caught in sin, you who are spiritual should restore him gently. But watch yourself, or you may also be tempted. (Galatians 6:1)*

Gender-specific Open Share Groups will follow the Large Group Meetings.

Open Share Group Guidelines

1. Keep you sharing focused on your own thoughts and feelings. Limit your sharing to 3 to 5 minutes .
2. There is NO cross talk. Cross talk is when two individuals engage in conversation excluding all others. Each person is free to express his or her feelings without interruptions.
3. We are here to support one another, not "fix" one another.
4. Anonymity and confidentiality are basic requirements. What is shared in the group, stays in the group. The only exception is when someone threatens to injure themselves or others.
5. Offensive language has no place in a Christ centered recovery group.

Welcome!

Celebrate Recovery

A Christ Centered Recovery Program



Tuesdays, 7:00 – 9:00 PM

Buffalo Covenant Church

Address: 1601 Hwy-25 N,

Buffalo, MN 55313

Phone: 763-682-1470

<https://buffalocov.org/support>

Eight Recovery Principles

1. Realize I'm not God. I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable. *Happy are those who know they are spiritually poor. (Matthew 5:3)*
2. Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover. *Happy are those who mourn for they shall be comforted. (Matthew 5:4)*
3. Consciously choose to commit all my life and will to Christ's care and control. *Happy are the meek (Matthew 5:5)*
4. Openly examine and confess my faults to myself, to God, and to someone I trust. *Happy are the pure in heart. (Matthew 5:8)*
5. Voluntarily submit to every change God wants to make in my life and humbly ask Him to remove my character defects. *Happy are those whose greatest desire is to do what God requires. (Matthew 5:6)*
6. Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm that I've done to others, except when to do so would harm them or others. *Happy are the merciful. (Matthew 5:7)* *Happy are the peacemakers (Matthew 5:9)*
7. Reserve a daily time with God for self-examination, Bible reading and prayer in order to know God and His will for my life and to gain the power to follow His will.
8. Yield myself to God to be used to bring this Good News to others, both by my example and by my words. *Happy are those who are persecuted because they do what God requires. (Matthew 5:10)*

A Message from Buffalo Covenant

Buffalo Covenant Church is a welcoming place where multiple generations gather and has a long history of bringing the Word of God into the everyday life through a multitude of ministries. We are excited to partner with Celebrate Recovery who, like BCC, is committed to help others find healing, forgiveness, restoration, and transformation through a relationship with Jesus Christ. All those who attend CR are welcome to all BCC's ministries and resources. Please let us know how we can serve you as you hopefully discover the depths of God's love and the abundance of His grace.

Dave Macalena
BCC Executive Director

Serenity Prayer

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference. Living one day at a time, enjoying one moment at a time, accepting hardship as a pathway to peace; taking, as Jesus did, this sinful world as it is; not as I would have it; trusting that You will make all things right if I surrender to Your will; so that I may be reasonably happy in this life and supremely happy with You forever in the next. Amen.
-Reinhold Niebuhr

Welcome to Celebrate Recovery

Celebrate Recovery is a Christ-centered recovery ministry for people with all kinds of hurts, habits and hang-ups, and has been successful introducing people to a relationship with Jesus Christ, and has helped thousands of people become healthy, whole and passionate followers of Jesus Christ.

Celebrate Recovery helps people find healing, forgiveness, restoration and transformation in areas such as: unhealthy eating habits, spending habits, fear, grief, sexual temptations, divorce, anger, depression, family and relationship issues, co-dependency, and alcohol or drug addictions, just to name a few.

Celebrate Recovery uses the Beatitudes of Jesus aligned with the well-known 12-step program to guide people through the recovery process, and strives to keep relationships safe and confidential, encouraging openness, honesty and transparency.

Celebrate Recovery promotes sponsors or accountability partners and encourages people to engage in a weekly 12-step Study Program

What is Celebrate Recovery:

Celebrate Recovery is:	Celebrate Recovery is not:
A safe place	A place for therapy
A place to belong	A place for secrets
A place of genuine love	A place to be rescued
A place to learn and grow	A place to judge others
A place to share	A quick fix
A place of healing	A place for perfection
A place to be cared for	A place to find dates