

## UPCOMING EVENTS & INFORMATION

[buffalocov.org/events](http://buffalocov.org/events)

### SUMMER SCRAMBLE

**July 29, Check-in 3:30 pm // Whispering Pines Golf Course**

Join us for the 2nd Annual BCC Summer Scramble at Whispering Pines Golf Course in Annandale, MN on July 29 for an 18-hole, 4-person scramble. Register as a team or sign up as a single, double or triple and join a team. Register online at [buffalocov.org/golf](http://buffalocov.org/golf) and pay registration fee at the BCC Church Office. Check-in at 3:30 pm, Tee off at 4:00 pm.

### BELIEVER BAPTISM

**July 31, 9:30 am // BCC South Lawn**

Our annual Believer's Baptism event is coming soon! Grab a lawn chair or a blanket and join us on the south lawn to celebrate with those being baptized and worship with our entire church family. Live music starts at 9:30 am and the service is at 10 am.

### SUMMER FAMILY FUN FEST

**July 31, 4-7 pm // South Lawn**

*4 pm games begin // 5 pm dinner served // 6 pm performance by Fam Blitz Live*

Invite your friends & neighbors to join us for a free community event with food, outdoor fun and games. A Biblical message is woven throughout the performance while encouraging friendly competition so that everyone takes part in a variety of games and challenges. Bring a blanket or lawn chair and enjoy the fun with other families on the South Lawn.

### PROMISE PARK DEDICATION SERVICE

**August 7, 12:30 pm // Promise Park**

After a special morning promoting disability awareness and celebrating that every member of the body of Christ is important, bring your family and friends to our Promise Park dedication service. What's The Scoop will be available from noon - 2 pm for free ice cream! Please join us as we pray that God will use this playground for His glory as we reach our community with the Gospel of Jesus Christ for many years to come.

### COMING THIS WEEK

**Chill Out** – TONIGHT, 6:30-9:30 pm, at Pietigs

**Orthodoxy with Pastor Joel** – Monday, July 25, 6:30-8 pm, Youth Room

**NOW** – Tuesday, July 26, 1 pm, Room 202

**GriefShare Alumni** – Tuesday, July 26, 6 pm, Commons

**Hang Time** – Wednesday, July 27, 6:30 pm, at Lingos

**Mission Connection** – Thursday, July 28, 9:30 am, Room 108

**Steadfast Work Day** – Saturday, July 30, 10 am, Steadfast Garden

ENCOURAGEMENT

BUFFALO COVENANT

7/24/22

## Songs of Sorrow

Pastor Mark Stromberg

*"A Box of Kleenex in the Sanctuary said, 'It is OK to Cry.'"*

### Psalm 13

How long, LORD? Will you forget me forever?  
How long will you hide your face from me?  
How long must I wrestle with my thoughts  
and day after day have sorrow in my heart?  
How long will my enemy triumph over me?  
Look on me and answer, LORD my God.  
Give light to my eyes, or I will sleep in death,  
and my enemy will say, "I have overcome him,"  
and my foes will rejoice when I fall.  
But I trust in your unfailing love;  
my heart rejoices in your salvation.  
I will sing the LORD's praise,  
for he has been good to me.

#### 1. What Does it Mean to Lament?

*"To express sorrow, mourning, or regret... often demonstratively. To express grief."*

#### 2. Psalms of Lament

Uncomfortable? *"If you can't say anything good, don't say anything at all."*

We are given permission by God to express to Him our hurts and cares. Therefore, a source of Encouragement!

*Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light. Matthew 11:28-30*

*A bruised reed he will not break. A smoldering wick he will not snuff out. Matthew 12:20*

Psalm 10 - *Why, Lord, do you stand far off? Why do you hide yourself in times of trouble?"*

Psalm 22 - *My God, my God why have you forsaken me?*

Psalm 42 - *When can I go and meet with God? My tears have been my food day and night, while people say to me all day long, 'Where is your God?' These things I remember as I pour out my soul.*

Psalm 88 - *Why, LORD, do you reject me and hide your face from me?*

*"And churches have led people to believe that they ought always be ready to sing only upbeat choruses. Praise, praise, no matter what. No tears at all. After all, we are strong people...and shame on us if we are not."*

### 3. Psalm 13

One of the shortest but packed with power!

Unclear of David's circumstance

Pain and Anguish

Postponement of Response

Unanswered Prayer or Not the Answer We Wanted

Sense of Isolation and Abandonment

Fear and Doubt

*Therefore, in order to keep me from becoming conceited, I was given a thorn in my flesh, a messenger of Satan, to torment me. Three times I pleaded with the Lord to take it away from me. But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore, I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong." 2 Cor. 12:7b-10*

*The Lord bless you and keep you, the Lord cause his face to shine upon you and be gracious to you. The Lord lift up his countenance upon you and give you peace. OR The Lord turn his face toward you. Numbers 6:24-26*

Psalm 13:5-6 - *But I trust in your unfailing love; my heart rejoices in your salvation. I will sing the LORD's praise, for he has been good to me.*

*"Never despise a small word, because a very large gate swings on a very small hinge."*

*"We do not know what we ought to pray for, but the Spirit Himself intercedes for us through wordless groans." Romans 8:26*

*"God, while all of this pain still goes on in my life, I do trust Your unfailing love. My heart still rejoices in Your salvation through Jesus."*

He bears **your** grief and carries **your** sorrow through Christ!

Do You Know the King?

# welcome

## TO BUFFALO COVENANT

### NEW TO BCC?

Here at Buffalo Covenant, you can learn, grow and connect in an authentic and biblically-based community. If you want to know more about us, or have questions on how to get connected, please stop in at the Welcome Center.

### PRAYER

For prayer requests, contact the Church Office or fill out the prayer section on the Get Connected card and return to the Welcome Center.

### CHILD CARE

Child care is provided for infants through age five (pre-k) during both 9 am and 11 am services.

### COFFEE & PASTRIES

Grab a free coffee or purchase a \$1 pastry from the BCC youth fundraiser in the Commons.

### GIVE

Offering boxes are in the back of the Worship Center or you can give at [buffalocov.org/give](http://buffalocov.org/give).

## sunday, july 24

### WORSHIP WITH US

#### TODAY

Songs of Sorrow (Psalm 13) with Pastor Mark Stromberg

#### CHILDCARE

Available at 9 am and 11 am service (ages 0-5)

#### MINISTRY SPOTLIGHT

Held in the BCC gym at 10:10 am  
TODAY - Youth Israel Trip Recap  
July 31 - No Ministry Spotlight  
August 7 - Stories from Promise Park

#### UPCOMING SUNDAY SERMONS

enCOURAGEment from the Psalms  
July 31 - The Undivided Heart (Psalm 86:1-17)  
August 7 - Welcome to Holland (Disability Awareness Sunday)



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