

PARTICIPANT BIO SHEET

This is a quick snapshot to share with other Sunday School teachers.

NAME _____ **DOB** _____ **AGE** _____

PHONE NUMBER (if you'd like direct communication) _____

TELL US ABOUT YOU!

| | | |
|---|--|---|
| I love to: | In my free time I enjoy: | My family includes: |
| I participate in these activities: | A goal or dream is: | I am uncomfortable or sensitive to: |
| My trigger-points for frustration/resistance: | I need assistance with: | I am independent with: |
| My allergies are: | Calming tools and aids: | What else do you want us to know about you: |
| Goals while at church: | Ideas for the church to better serve you or your family: | What do you like best about church: |

